

Post op Instructions for Composite Fillings (Tooth Colored Fillings):

Sensitivity

Sensitivity is usually most noticeable the first 12-24 hours after the anesthetic wears off.

Sensitivity, especially to cold, is common for a few days following a dental filling. Usually the deeper the cavity, the more sensitive the tooth may be. If the sensitivity persists and lasts longer than a month please give us a call.

The gum tissue could have been irritated during the procedure and may be sore for a few days together with the anesthetic injection site.

If after a week or two, your bite feels uneven please call the office. This problem can be solved with a quick adjustment to the filling.

Tooth colored filling

The tooth colored filling is fully set and ready to eat on when you leave the office. Please be careful eating until the anesthetic wears off so you don't bite your lips, cheeks, or tongue.

Flossing your new filling may be difficult for several days, but keep trying and you will be able to floss as the "contact point" loosens".

The finished restoration may be contoured slightly different and have a different texture than the original tooth. Your tongue usually magnifies this small difference, but you will become accustomed to this in a few days.

Children

Children should be observed until the anesthetic wears off. Due to the strange feeling of the anesthetic, many children will chew the inside of their lips, cheeks, or tongue which can cause serious swelling/bruising.

Homecare

Fillings do not last forever. Like a new set of tires, fillings can wear and breakdown. Proper brushing and flossing is recommended to help you retain your fillings. Having your teeth cleaned every four to six months, an exam and xrays every year will help prolong the life of your fillings.